



# Improving Transitions for Young People Fund





# Background

More and more young people are surviving into adulthood and services have not kept pace.

Not just health, all services need to think about these young people and coordinate provision.

Transition Taskforce has been working to address this problem and supporting development of partnerships through Regional Action Groups.

Above all, it's about supporting young people, their families & services to move towards being young-person centred.



*“I was discharged from a paediatric ward on one visit and my next hospital admission was onto an adult ward with five other elderly dementia patients. I was suddenly expected to make decisions alone, when only weeks before my mum had been at my side to support me through any medical decisions I needed to make.”*

*Lucy Watts, Young Avenger*

# Aim

To distribute a small number of awards for innovative projects that have the potential to transform the experience of young people with life-limiting conditions, and their families, as they prepare for and move on to adult services.

# What do we mean by transition



## Moving to Adult Services: What to Expect

A guide for young people with life-threatening conditions making the transition to adult services

### Section 1: Stages of transition

#### Get ready

Preparing for adulthood

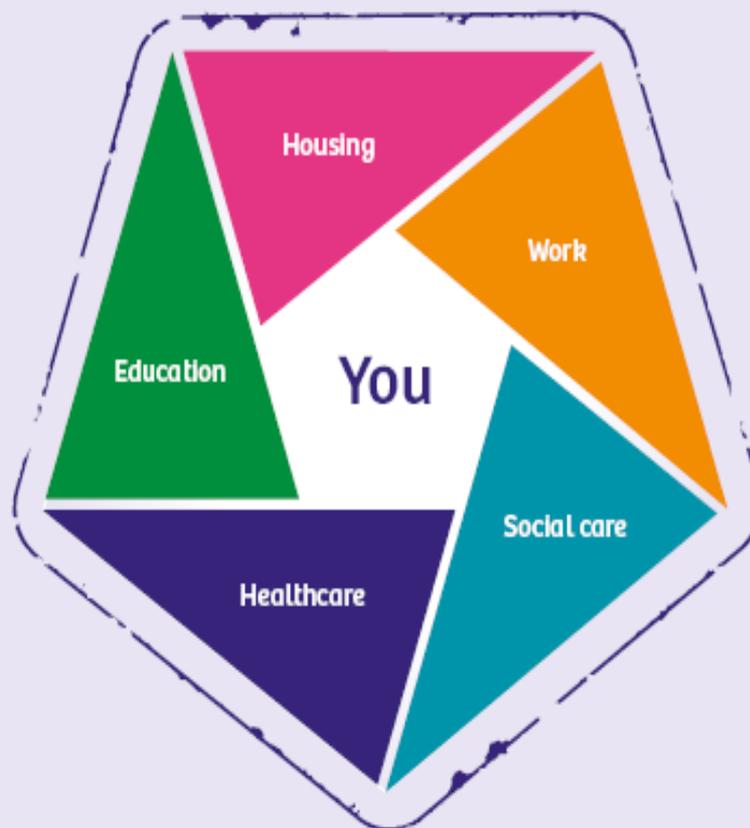
#### Get set

Moving to adult services

#### Go

Getting the best from adult services

### Section 2: Aspects of transition



This guide has been developed to help young people from the age of 14 years with life-threatening conditions to know more about what to expect when they move to adult services. It is always good to think about what you want out of your adult life as early as possible. This is commonly called transition ①.

This guide has been divided into two sections. The first section talks about what you can expect at different stages of the transition process to adult services. The second section focuses on different aspects of your life that you may want to plan for as an adult. You are very much at the centre of it all.

# Improving Transitions for Young People Fund

**Sam and Bella Sebba Charitable Trust**  
**MariaMarina Foundation**  
**St James Place Foundation**

# What has been funded?

Martin House and St Leonards Hospice ,York

Regular meetings at St Leonards, planned by young people and facilitated by professionals

Aims to build resilience, explore sense of identity, develop social skills and address emotions

Projects; beer making, photography, graphic design, drama, mindfulness,

# What has been funded

## **Volunteering Matters**

Offering mentor support to YP to engage in skills development, volunteering, social action and work placements

# Lots going on

Complex needs co management with paediatric and adult palliative care teams

Learning disability transition nurse specialists

GP toolbox for learning disability health checks

# Particular Focus Areas

Following Round 1, we carried out a short scoping exercise with key experts in the field and identified 3 key areas where there were real gaps in provision. We'd like to encourage applications that focus on:

1. The third phase of the transition journey, developing innovative services within the adult sector or supporting & empowering professionals working in adult services.
2. Young people with life-limiting conditions who have cognitive impairments or profound and multiple learning disability.
3. Engagement of primary care, particularly GPs, in supporting transition for this group of young people.

# Locally identified need

BUT in addition to these focussed areas, we really want to encourage applications that have been developed between partners locally, which address locally identified gaps and needs.

These kinds of innovations may be relatively small-scale, but will have potential to be scaled up if rolled out nationally.

We know from research (Beresford, 2013) that small changes in practice can make a big difference.

# The size of grants available

Awards will be in the range of £40-£150k.

The minimum period we will fund is 18 months.  
The maximum is 30 months.

So, projects will be relatively small scale, but with potential to be scaled up and rolled out nationally.

# 5 Eligibility Criteria

Your organisation is based in the UK (including Isle of Man)

Your project will benefit young people with life-limiting illness aged 14-25 or improve the skills of professionals in supporting these young people.

The organisations leading the innovation provides, commissions, supports or delivers services that are free at the point of care.

If the lead organisation is not a palliative care provider, the project needs to either be in partnership with a palliative care provider or be able to otherwise demonstrate knowledge of young people with palliative care needs.

All partners are regulated by the appropriate body (eg CQC).

# Key Dates

Date	Activity
1 March	Launch of Round 2
9 April, 3pm	Information call – please submit any questions for this. We will capture everything in our Q&A document. The Information call will be recorded.
1 <sup>st</sup> June, 12 noon	Deadline for applications
June	Shortlisting
July - September	Feedback to shortlisted applicants and short development phase to address feedback
27-28 September	Interview Panel

The guidance notes, FAQs, application forms and everything you should need to make an application are on the Together for Short Lives website

<http://www.togetherforshortlives.org.uk/transitionfund>

**Good Luck!**