

This care transfer plan can help you understand my complex health condition and my needs while I am in your care, including links to any emergency plans in place.

This information was last updated on **2nd January 2019**

## My Care Transfer

<b>Full name:</b>	<b>Date of birth:</b>
<b>Address:</b>	
<b>My NHS number:</b>	<b>My underlying health condition:</b>

## Emergency information

In an emergency situation it is essential to contact	
<b>Next of kin:</b>	
<b>My consultant (incl contact details):</b>	
<b>My 24 hour care team contact (incl contact details):</b>	
<b>In an emergency, the following care plans should be consulted:</b>	<b>Allergies:</b>

## My personal profile

<b>My name is:</b>	<b>I currently live with:</b>
<b>People you should talk to about me:</b>	<b>People who can give consent about any procedures:</b>
<b>A little bit about my health condition:</b>	
<b>Signs that my health is deteriorating:</b>	
<b>Signs that I may be in pain or uncomfortable:</b>	
<b>What makes my symptoms worse?:</b>	<b>What makes my symptoms better?:</b>
<b>What I like to do:</b>	
<b>Other plans you should refer to:</b>	
<b>My regular medication plan:</b>	

## Essential clinical information

How I communicate:

How I move around:

Breathing:

Eating and drinking:

Personal care:

Physiotherapy routine:

Sleep (inc. positioning, mattress):

When I am well, I like to do these things for myself:

## My regular routines

Day:

Night:

Regular events/appointments:

## Useful contact information

Contacts:

## Notes

Notes: