

There is a voice behind this MASK!

- Personality →
- Opinions →
- Resilience →
- Understanding →
- Sense of Humor →
- My passion →
- Making decisions →
- Talented →
- Family →



↑ Alive ↑ creative ↑ Problem Solver ↑ helpful

you don't know how it is →

my opinions not valued →

Talk to others not me →

Don't give me a hand →



← that I am sick physically and mentally when I am not.

← I can talk

↑ Don't take time to know me.

↑ see my illness first

↑ that I understand

↑ time to hear my voice

↑ I can hear

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