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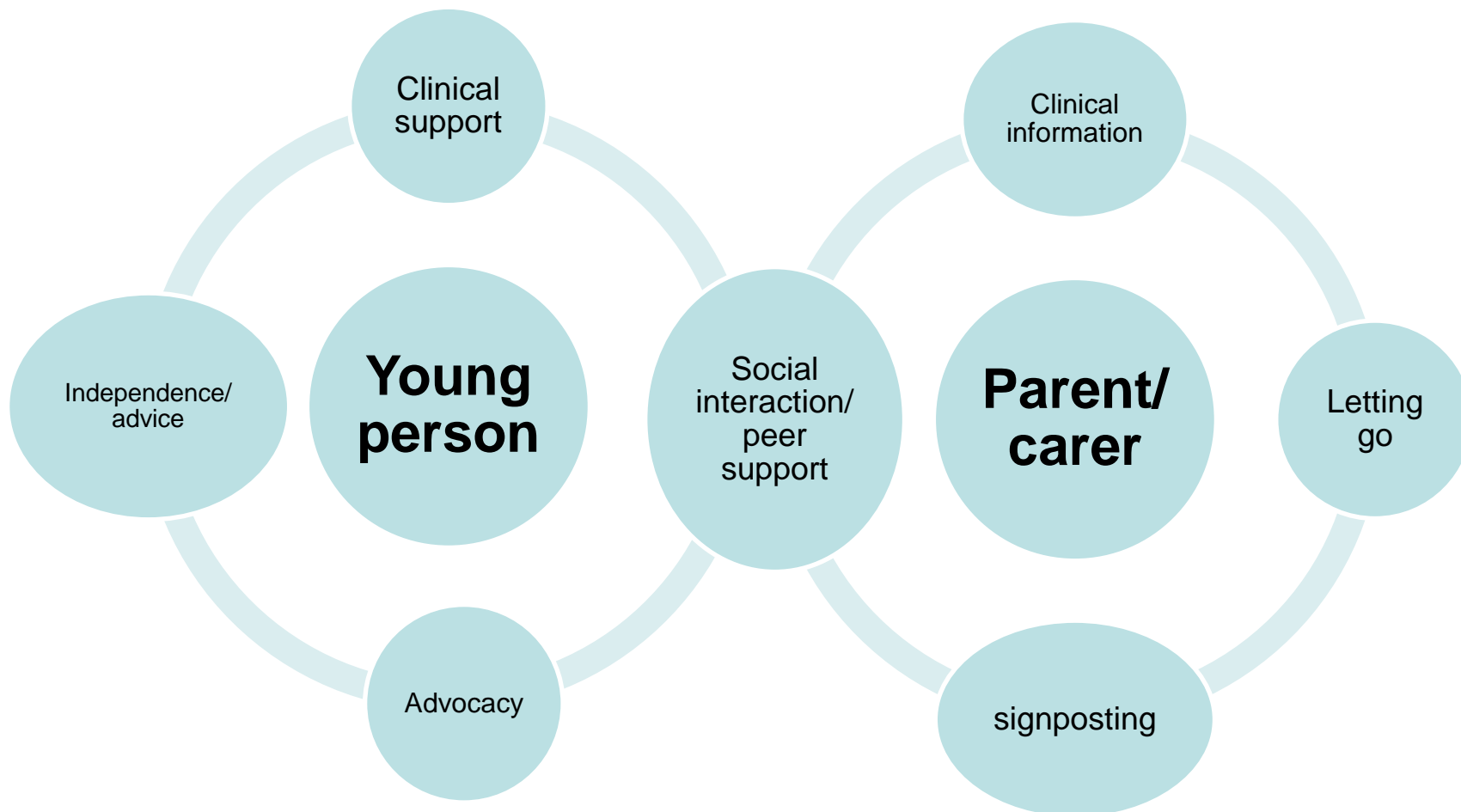
- ‘One stop shop’ principle based on holistic care and principles of TfSL ‘Pentagon of Support’ (Stepping Up)
- Co- facilitated with paediatric and adult services
- Introducing adult hospice environment and team
- Ethos of peer group support
- Skill sharing and confidence building



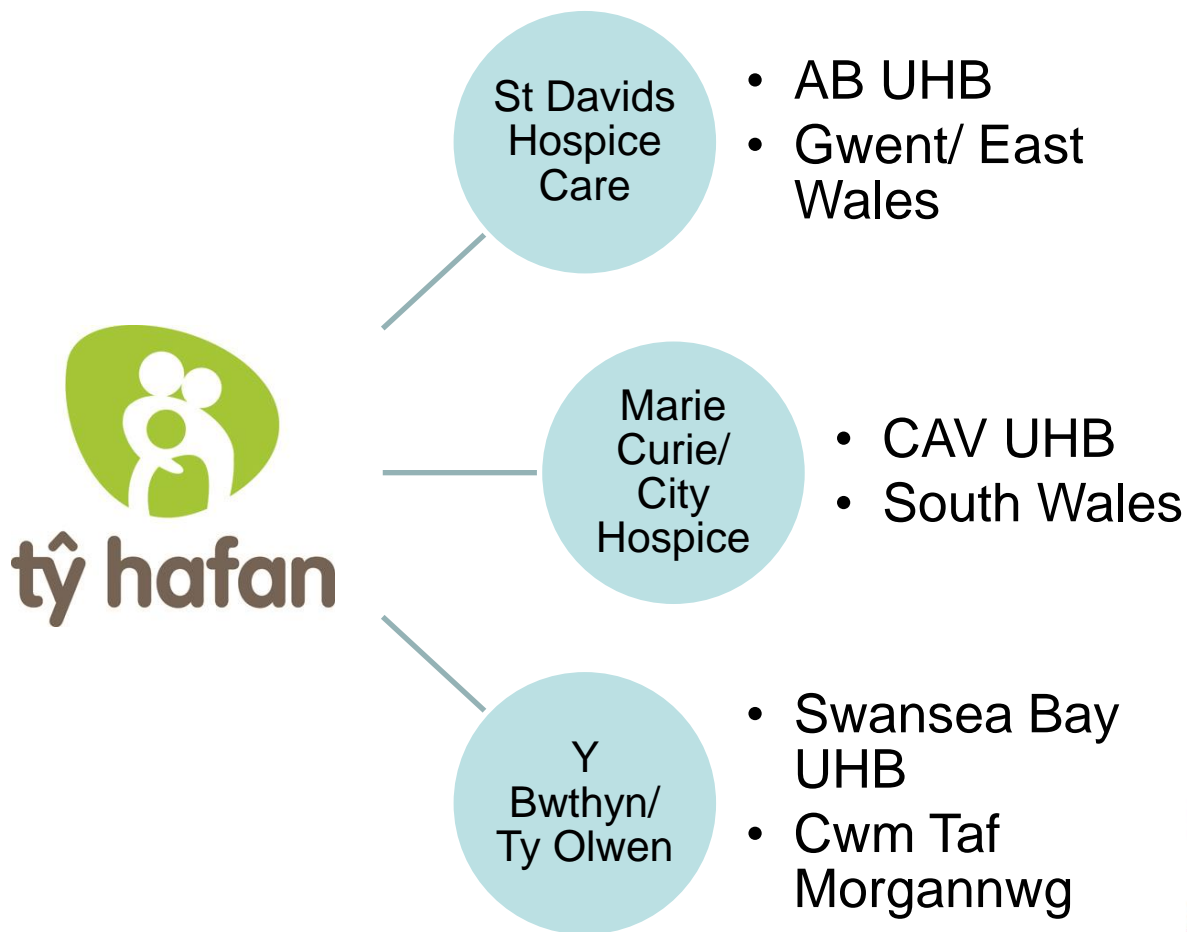
- Objectives
 - Enhance service provision for young adults with palliative care needs
 - Ensure adult services know of young people who may need their care
 - Increase confidence of young people/ families to access adult hospice care
 - Enable single point of contact to access support
 - Increase staff confidence and share skills between disciplines



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Transition Hubs summary

- A holistic, joined up person centred approach with the right professional support in the right place at the right time
- Advice and support about independence/ growing up
- Support to parents to recognise their 'transition' (My Adult, Still My Child)
- Young people empowered to voice their care wishes
- Adult services given skill sets to empower young people
- Multi disciplinary approach to service delivery
- Key worker approach



Based on principles and standards from 'Stepping Up' A Guide to Transition (Together for Short Lives 2015)

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Palliative Care Transition Hubs

Thank you for coming to our Transition Hub today, it would be really helpful if you could give us some feedback.

Is this the first time you have attended a Transition Hub? **Yes/ No**

What was the **main** reason for you deciding to attend today?

- Clinical review/ symptom management
- Complementary therapy
- Other advice / support – benefits/ further education/ housing etc.
- Social opportunity
-

Was coming to the Hub today helpful? **Yes/ No**

Please tell us why

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.....

Does having an opportunity to meet the adult hospice team and see the adult hospice environment help reduce any anxieties you have about the transition from the children's team? **Yes/ No**

Please tell us why

.....

.....

What are your main concerns about transition – **tick all that apply.**

- Staying well/ symptom management
- End of life care planning and place of care
- Where I (or my son/ daughter) will live
- What I (or my son/ daughter) will do – employment/ day care/ leisure
- Respite care

Do you have a keyworker/ know who to contact for support with your transition? **Yes/ No**

- Nurse/ health care professional
- Social worker
- Other

Thank you from **Sophie and the Transition Hubs team**



Learning

- Co-ordinator/ facilitator/ keyworker – right skills and experience/ credibility.
- Social aspect of Hub – young people valued the ‘fun’ element
- Engagement of adult hospice team/ palliative care Consultant



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Feedback from Hub attendees (some written feedback and some verbal – all summarised not verbatim)

- The range of support is great, brilliant to be able to get symptom management advice in a friendly setting but also have access to benefits advice The massage was a lovely touch (parent)
- It was great to be able to talk to someone who understood and didn't make me feel embarrassed about my continence issues. The advice has really helped me feel more confident about going out (young person)
- I didn't really think there was much for me to do when I left school but I realise there are opportunities out there (young person)
- The contact in between is fab it really helps us feel included and the social media pages have helped make new friends (parent)
- I really look forward to the Hub – I like the company and the chance to have a chat with people (young person)
- Coming to the adult hospice has been helpful, it is not like I expected it to be and I feel more confident now in case we should ever need to use it in the future (parent)
- Hadn't realised how anxious I was about xx deterioration and thinking about what we wanted for his future care. Having the chance to think about end of life care planning with professionals that understood was really helpful (parent).
- So glad we came and that you convinced xx to give it a go as this is the first time he has been out of the house in months (parent).



And A highlight



Royal College of Nursing (Wales)
Paediatric Palliative Care Nurse of the Year



Sophie Williams, Transition Nurse



Any Questions?