click the links to find out more!

# Challenge Events Calendar 2023

Take on a challenge to support seriously ill children and their families across the UK

## Running

Get your running shoes on and push yourself to the limit. Join team Together for Short Lives for the challenge of a lifetime.



April

Brighton Marathon - 2 April

<u>London Marathon</u> - 23 April (ballot places only) Please <u>email us</u> if you would like to express your interest in running either the 2023 or 2024 race.

May

Edinburgh Marathon - 28 May

September

Great North Run - 10 September

And there's a whole range of other run challenges taking place all across the country. A full list can be found <u>here</u>.

#### Trekking

Take a walk on the wild side and get involved with a trek. There are bold adventures waiting for you up and down the UK.



May

<u>Jurassic Coast Challenge</u> - 13-14 May

June

<u>Lake District Challenge</u> - 10-11 June <u>Cotswold Way Challenge</u> - 24-25 June

July

<u>Peak District Challenge</u> - 8-9 July <u>North Downs 50 Challenge</u> - 22 July

August

Snowden at Night Trek - 5-6 August

For more options, or to arrange your own trek, please contact events@togetherforshortlives.org.uk.

## Cycling

On your bike! Whether you're leisurely in lycra or a speedster on spokes, we have an epic cycling challenge ready for you.



June

London to Paris Cycle - 7-11 June
Other dates available in July and September

August

Cotswold Classic - 19 August

September

London to Brighton - 10 September

We can also help you to secure places in other duathlons and triathlons across the country. To find out more please email events@togetherforshortlives.org.uk.

# Or try something totally different...

In your community

Tough Mudders

10k and 5k runs

Colour runs

Adrenaline challenges

If you have an idea for a different kind of challenge, like skydiving, we are <u>here</u> to support you.

Do your own thing

A-Z of fundraising ideas
... or get in touch with us!







Please reach out to the Together for Short Lives team at <a href="mailto:events@togetherforshortlives.org.uk">events@togetherforshortlives.org.uk</a> if you have any questions about sign up, other events and how your support can make a difference to seriously ill children and their families across the UK.

