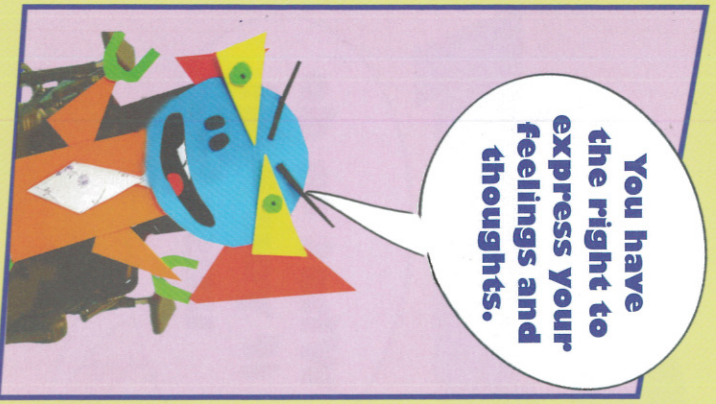


You have the right to express your feelings and thoughts.



**BUZZ !!!**  
I need some help!

You need your buzzer to call a member of staff when you need help. Make sure you buzzer is working!



Listen to me and talk to me in my language.



Whether you use words symbols or sign language, it is important that you are listened to and understood.

**Ouch!**  
I've hurt myself.

Please report all accidents! No matter how small or big the injury **ALWAYS** report it.



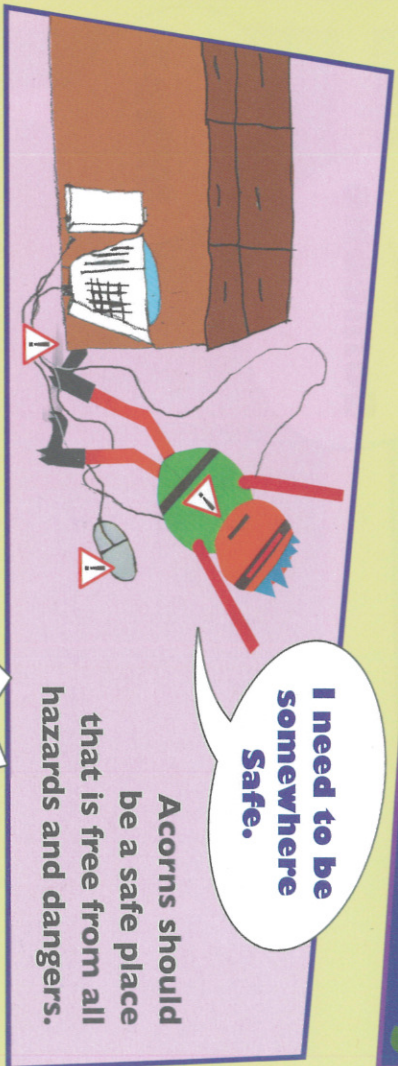
The number of carers you need depends on how much help you need. Some people need one and some need two. You need two care staff to help if you need hoisting.



**1-2-1**  
or  
**2-1**

I need to be somewhere Safe.

Acorns should be a safe place that is free from all hazards and dangers.



Everyone has a Care Plan.

It needs to be kept up to date and correct. You can ask to see it anytime.



**Fire!!**

Do you know what to do if there is a fire? If not... find out... ask a member of staff.





# Acorns Guide to Safety

- \* If you feel unsafe
- \* If you are being bullied
- \* If you have been injured
- \* If someone has hurt you
- \* If you feel upset or lonely
- \* If someone has frightened you

**Tell Someone**

- \* Tell your parents
- \* Tell staff
- \* Tell friends
- \* Tell your link worker

**Who?**

**Remember**  
you have the right to make a complaint.

**A guide on how to keep safe**

**What to do if you feel unsafe**



Produced by young people with Playtrain

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